

# knitted knockers

## Magic Loop Method

### materials

- Cascade Yarns Ultra Pima Fine, sport weight cotton (Ultra Pima, DK) See below for approved yarns for distribution by [knittedknockers.org](http://knittedknockers.org) groups\*
- 2 double point needles, size 4 (5), Size 4 (5) cable needle 24 + inches
- Stitch markers
- Tapestry needle

### outer piece

- CO 3 sts - Knit 6 rows I-Cord (this will be knotted for “nipple”) - 3 sts.  
*To make knockers without nipples, omit the I-cord and just CO 3 stitches*
- Next row - kfb every stitch - 6 sts.

Cup size	Number of repeats	Diameter	Stitches per section
A	24 (18)	5”	28 (22)
B	26 (20)	5.5”	30 (24)
C	30 (24)	6”	24 (28)
D	32 (26)	6.5”	36 (30)
E	34 (28)	7”	38 (32)

Place sts on cable and pull up loop with 2 sts on front needle and 4 sts on back needle. Place marker in middle of the 4 sts. Start knitting in the round.

- Round 1 - \*kfb, k1 repeat from \* to end of round - 9 sts.
- Round 2 - Knit to last stitch of each section, m1r, k1 - 12 sts.
- Repeat rnd 2 according to the table for the desired cup size.

*Note: you may wish to redistribute sts on the needles at some point; if you do so, take care to insert a stitch marker after the original first section.*

- Purl 2 rounds.

### inner piece

- Round 1 - \*K to last 2 sts of each section, k2tog. Repeat from \* to end of round.
- Round 2 - \*Ssk, k to last 2 sts of each section, k2tog. Repeat from \* to end of round.
- Repeat rnds 1 and 2 until 24 sts total remain.
- (As applicable) Knot I-Cord very tightly and stitch down for small nipple (no more than 3/8" in diameter)
- Repeat rnds 1 and 2 until 12 sts total remain.
- Cut yarn (long tail) - thread tail through 12 sts and leave loose to allow for stuffing
- Fill with Fiber Fil (*Optional, we will fill for you if you want :-)*)

- \*\*Knitted Knockers Support Foundation has created a list of tested and approved yarns appropriate for knitted knockers. Please note that only knockers made from this list will be used to fill orders from [knittedknockers.org](http://knittedknockers.org) so if knitting or crocheting for us please only use these yarns. While Knitted Knockers are a great “stash buster” taking only about 50 yards of yarn, the knockers may be worn against sensitive skin and must be durable, breathable and stay soft after washing. Also note the acrylic yarns are only used for swimming knockers. You can find the list of approved yarns at [knittedknockers.org](http://knittedknockers.org) or attached to this pattern when downloaded.

- The most requests are for pairs of neutral colors. If you don't have enough of one color to finish a knocker feel free to finish the inner piece with a complimentary color using the same type of yarn. If you get bored with the flesh tones by all means make a creative, bright pair if you want. We do get requests for those too :-). Don't stress too much about the sizing. The most important thing is to make sure that all pairs are the same size (same number of stitches). About 75% of the requests are for sizes B and C with the rest size A, D and DD.

- There is a 3 part series of videos on how to make great Knitted Knockers at [knittedknockers.org](http://knittedknockers.org).

- If you don't have someone to give your beautiful knocker to please send them to us for distribution (always free to the recipient). We need lots of them! Send to Knitted Knockers, 1780 Iowa Street, Bellingham, WA 98229. Be sure and include your contact info so we can thank you! Visit <http://www.knittedknockers.org/> (the one with the pink ribbon logo on it) to learn more and to link yourself as a provider, or to locate a group in your area. We have print materials we can help support you with including care instructions, cards and brochures. Thank you so much!!!

# APPROVED YARNS

(12-14-16)

The yarn used for Knitted Knockers is very important as they are to be worn against scarred, sensitive skin. We have compiled the following list of yarns that have been tested and approved as appropriate for Knitted Knockers. Most women prefer cotton as it is breathable so we have listed mostly cotton or cotton blends. The acrylic yarns listed are only for swimming as they are not worn daily. Crochet requires a finer weight yarn than knit as it can be a bit stiffer so we have identified the yarns appropriate for crochet.

**Please note that only knockers made from the following list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns.**

## Bellatrista Yarn

Milk Protein- Knit and crochet

## Cascade Yarns

Cherub DK (Acrylic for swimming only)

Sateen (Acrylic for swimming only)

Ultra Pima-(Knit and crochet)Available at Craftsyt.com\*

Ultra Pima Fine (Great for crochet)

## Cloudborn

100% Pima Cotton DK- (Knit and Crochet)-Available at Craftsyt.com\*

## Classic Elite Yarns

Provence- (Knit)

## Ella Rae

Phoenix DX- (Knit and crochet)

## Fiesta Yarns

Cottonista-(Knit)

## Frog Tree

85% Pima/ 15% Silk Sport Weight- (Knit)

## HiKoo

CoBaSi DK- (Knit)

## Jaeger

Aqua Cotton- (Knit)

## Katia

Mississippi 3- (Knit)

## Kertzer Yarns

Fine Cotton- (Knit)

## King Cole

Cottonsoft DK- (Knit)

## Kraemer Yarns

Tatamy- (Knit)

## Knit Picks

Comfy Sport-(Knit)

Comfy Fingering- (Knit and Crochet)

## Paintbox

Cotton DK- (Knit and Crochet)

## Patons

Grace- (Knit and crochet) Available at Craftsyt.com\*

## Plymouth Yarns

Anne- (Knit and Crochet)

Cleo- (Knit) Available at Craftsyt.com\*

## Premier Yarns

Afternoon Cotton- (Knit and Crochet) Available at Craftsyt.com\*

Cotton Fair- (Knit and Crochet) (Acrylic for Swimming)

## Reynolds

Top Seed Cotton- (Knit)

## Rowan

Cotton Glace- Knit

## Sostene Grene

Anna & Clara- (Knit and crochet)

## Vinnis Colours South African Yarns

Serina- (knit and crochet)

## Tahki

Cotton Classic DK- (Knit)

Cotton Classic Lite- (Knit and Crochet)

## Thomas B Ramsden & Co (Bradford)

Wendy Supreme 100% luxury cotton dk- (Knit)

## Trendsetter Yarns

Lana Grossa Elastico- (Knit)

Universal Yarn

Bamboo Pop- (Knit and Crochet)

Cotton Supreme DK- (Knit)

Valley Yarns

Southwick- (Knit)

\* Craftsy.com will give Knitted Knockers Support Foundation a portion of your purchase at no extra cost to you! Click here to shop at [craftsy.com](https://www.craftsy.com).